RB TRADING · INSIDE THE TRADE

THE OFFICIAL CHEAT SHEET

THE 3-GATE SYSTEM

Every trade must pass three gates, in order. If any gate fails, there is no trade — and "no trade" is a decision, not a failure. Same process, every market: Forex, stocks, indices, crypto.

01 TRENDWHICH DIRECTION AM I ALLOWED TO TRADE?

Decide direction on the **daily chart** with EMA alignment. Price above a rising 20 EMA, and 20 above the 50 → longs only. The mirror → shorts only. EMAs tangled or flat → no bias, stand aside.

DAILY CHART ONLY | 20 EMA vs 50 EMA ALIGNMENT | TANGLED EMAS = NO TRADE

02 MOMENTUM IS THE PULLBACK ACTUALLY ENDING?

Time the entry with the **DeMarker (14)**. In an uptrend, wait for a pullback to drag DeM toward **0.30**, then enter as it hooks back up while price holds the level. Never fade a stretched reading against the trend.

DeM PERIOD 14 | ENTRY WINDOW ≤0.30 → TURN UP (UPTREND) | MIRROR ≥0.70 FOR DOWNTRENDS

03 RISK WHAT DOES THIS COST ME IF I'M WRONG?

Before entry: stop beyond structure, target at the next level, position sized so a full stop-out costs about **1%** of the account. If the target doesn't pay at least **2×** the risk, the trade doesn't exist.

RISK ~1% PER TRADE | MIN REWARD 2:1 | STOP AT STRUCTURE, NOT AT PAIN

PRE-TRADE CHECKLIST — ALL SIX OR NO TRADE

- [ ] Daily EMAs aligned in my trade direction (both rising / both falling)
- [ ] DeMarker reached the entry zone and turned back with the trend
- [ ] Position sized so the stop costs ~1% of the account
- [ ] Price pulled back to the 20 EMA zone or a marked level — not extended
- [ ] Stop placed beyond structure, entered with the order — not "mental"
- [ ] Target honestly pays ≥2R — and the trade is logged in the journal

The gates only work in order. Momentum signals against the trend are noise. Perfect setups sized too big are still losers. When in doubt, the answer is the boring one: no trade.

See this system applied to live markets every week — free.
Inside the Trade newsletter → rbtrading.substack.com · Journal every trade free → rbtrading.site